



Oak Clinic for Multiple Sclerosis Turns Ten!

A story this good bears repeating.

Ten years ago a small group of people had a singular vision. The patient, his caregiver, a doctor and a nurse opened the doors to Oak Clinic for Multiple Sclerosis to treat and empower individuals living with MS, *regardless of ability to pay.*

That small group included Jim and Vanita Oelschlager, Tim Carrabine and Patti Blake. Each remains passionately dedicated to the cause and are all still actively involved.

Jim and Vanita Oelschlager are Oak Clinic's premier advocates and benefactors.

Dr. Timothy J. Carrabine is the Clinic's tireless medical director, and Patti Blake, RN, MSCN, coordinates clinical drug studies with various pharmaceutical companies.

Dr. Christopher A. Sheppard, noted area neurologist, joined Dr. Carrabine in 2001, following Heather Durfee, RN, MSCN, who assumed the role of primary nursing associate earlier that same year.

Patricia L. Jones, LSW, was hired in 2005, and Diane Crow and Marge Hein, both medical secretaries, have over eleven years of combined service to Oak Clinic for Multiple Sclerosis.

The vision to treat regardless of ability to pay continues and **today, Oak Clinic ranks among the best independent, not-for-profit specialty clinics in the United States.**

Oak Clinic is the only charity-based specialty care MS clinic in Summit County, and treats patients and their families from fourteen additional Northeast Ohio counties.

--story continues on page four



An Afternoon with Cami Walker
Thursday, October 7th • 11:30 am - 1pm
Main Street Public Library (Akron)

Complimentary luncheon provided
ADVANCE RESERVATIONS REQUIRED



Cami Walker

How 29 Days of Giving
can make life better

Cami Walker, noted author and presenter, was diagnosed with MS in 2006 and travels frequently to speak about living with MS and how giving can change your life.

Patients and their families, and all Oak Clinic donors and friends are welcome to this luncheon and very motivational presentation on how one person with MS can be empowered to live life joyously and make life better for others.

Join us October 7th
CELEBRATING TEN
FREE AND OPEN TO THE PUBLIC
Register in advance at
www.oakclinic.com



From New York Times Bestseller List... to TODAY...
to www.oprah.com... and now, Cami Walker comes
to Oak Clinic



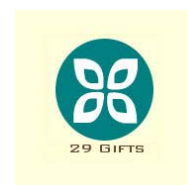
Cami Walker was in her early thirties, living in San Francisco with her fiancé, immersed in a job she found challenging but enjoyable. Aside from the occasional tingling and numbness in her limbs, and fatigue that several doctors swore was just stress, she loved her life. But (in 2006) a mere month after her wedding, these symptoms became unbearable. She lost the use of her hands, then her vision in one eye. What seemed like thousands of tests later, she was told that she had multiple sclerosis—an incurable neurological condition that can leave sufferers completely immobilized.

Two years after her diagnosis, Cami found herself depressed, sleepless for days on end, in constant pain, and falling back into an addiction to prescription drugs that she had been fighting for years. The night before she went into the hospital for an eight-day detox, she called an old friend—Mbali, a South African medicine woman whom Cami hoped would comfort her in her self-pity. Instead, Mbali offered this advice: stop thinking about yourself, stop dwelling on your pain, and start giving away twenty-nine gifts in twenty-nine days. Cami had never shied away from alternative medicine...but even she was skeptical about Mbali's "prescription..."

(...but) Cami thought, "Why not?"

In *29 Gifts*, she chronicles her giving cycle and explains how it altered her perception of her situation. Whether listening to an upset friend, giving a bigger-than-average tip to a street performer, or helping others with multiple sclerosis develop business plans to fit their new lives, Cami found that even small gifts humbled and revitalized her. The giving cycle couldn't cure her condition, but she was no longer too tired (or too bitter) to live her life.

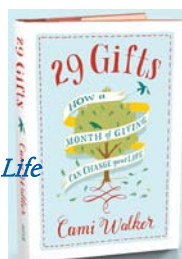
On Day 29, Cami decided to give the gift of giving to the world by launching www.29Gifts.org. Since then, more than 5,000 people have signed up for the 29-Day Giving Challenge online. Together, they have raised money to feed children in Africa, helped people pay for expensive but necessary surgeries, and funded humanitarian missions throughout the world. What was once a personal journey has now become a worldwide movement that has impacted thousands.



Cami Walker promotional materials from
Lissa Warren
VP, Senior Director of Publicity
(617) 252-5212 /
lissa.warren@perseusbooks.com

Cami speaks in Akron
Thursday, October 7, 2010
Main Street Public Library • 11:30 am
Limited seating. Register today.
www.oakclinic.com
OPEN TO THE PUBLIC

A *New York Times* Bestseller
29 Gifts
How a Month of Giving Can Change Your Life
By Cami Walker
Available for purchase at the event





29 Days of Giving

READY Now

SET September 9

GO October 7

We gratefully acknowledge these generous sponsors of *An Afternoon with Cami Walker*

Jim & Vanita Oelschlager



biogen idec



Display Participants

EMD Serono



More 29 Days of Giving Oak Clinic Crusaders*

L'Oreal USA

John Shannon

The Shamrock Companies, Inc.

Don Ponder

News-Talk 1480 WHBC Canton Ohio

Matt Shannon

Northfield Firestone #1521

Fran Boyer's
29 Committed to Help
Volunteer. Give. Get.

Theta Phi Alpha
Akron Alumnae Association

Buckingham, Doolittle &
Burroughs, LLP

Phyllis Griffith Writes, LLC

*known at time of printing

To help celebrate ten year's of service to Northeast Ohio, Oak Clinic for Multiple Sclerosis has planned an event to both raise money and awareness about the Clinic. The theme for this event is *29 Days of Giving*.

29 Days of Giving is a completely voluntary, multi-community service project designed to carry the Clinic's message that helping people to help themselves and others can be very beneficial for MS patients and the communities where they live and work. The Clinic's project is based on Cami Walker's 29 Gifts Challenge (see opposite page).

Individuals, local companies and other service organizations are supporting this event by being a **29 Day Oak Clinic Crusader**. They are:

- o Contributing a monetary amount for charitable health care activities at Oak Clinic
- o Encouraging employees to each donate \$29 to Oak Clinic for Multiple Sclerosis
- o Having a sport jersey day – employees pay \$5 to wear their favorite team's t-shirt to work
- o Hosting a pocket change day – employees empty pockets or purses of loose change
- o Selecting a different type of support that is in keeping with the *29 Days of Giving* theme

Jim and Vanita Oelschlager will match any cash donations that are received for this *29 Days of Giving* community-wide project.

Oak Clinic's *29 Days of Giving* Project is also about giving service. We have groups and individuals planning in-kind activities as their 29 Oak Clinic Crusaders' projects. They are helping patients with yard work, cleaning their homes, going to the grocery store or simply spending time with folks who spend a great deal of time at home

We will recognize everyone participating in this giving project in the Fall issue of *The Oak Leaf*.

This newsletter is mailed to over 1,500 households including donors, patients and their families, and numerous community leaders and government officials.

If you or someone you know has a *29 Days of Giving* project, please let us know what is planned. Send an e-mail to tricia.jones@oakclinic.com.

Give Now... Give Often

There's still time to join *29 Days of Giving* at Oak Clinic!



Oak Clinic is Ten *story begins on page one*

In 2010, more than 3,000 men and women are treated at Oak Clinic for Multiple Sclerosis. Many pay a small percentage of their treatment; many pay nothing for their MS treatment at Oak Clinic.

Yet best-care, cutting-edge medical treatment is always available at Oak Clinic, because unwavering commitment to the founding, singular vision is always present. Oak Clinic for Multiple Sclerosis will continue to treat and empower individuals living with MS, *regardless of ability to pay.*

While it could seem unusual to *celebrate* ten years' of treating multiple sclerosis, this celebration is dedicated to the founding visionaries, to all Clinic staff and global treatment partners...but mostly, to the patients and families who live every day with an unpredictable disease called multiple sclerosis.



The decision to bring Cami Walker to Akron, for Oak Clinic's ten-year celebration was an easy decision to make.

Cami's views on living with MS mirror the Clinic's commitment to educate and empower patients, so they are actively involved in day-to-day management of their disease.

Oak Clinic believes that *helping people help themselves and others* is good for self and community. This belief is strongly reinforced in Walker's 29 Gifts Challenge.

The Clinic's 29 Days of Giving project was inspired by this 29 Gifts Challenge. See page three to learn how you can participate.

If you have the chance, please thank our sponsors who made Cami Walker's appearance possible.

www.oakclinic.com
www.29Gifts.org



Giving Takes Many Forms 29 Oak Clinic Crusaders

MOVE IT NOW AKRON is an Oak Clinic Crusader

Owner Ken Slama has agreed to donate
29% of receivables for September 2010
Corporate Move It Now will donate, too

HERE'S HOPE HORSE FARM is an Oak Clinic Crusader

Linda Heidel has donated a day of horse rides
for children of Clinic patients in Spring 2011
Value is priceless!

ZUMBA For MS Join us 9/18

DOUG AND TRICIA JONES are Oak Clinic Crusaders

They're hosting a **Zumbathon on 9/18/2010**
Grace United Church of Christ Gymnasium
13275 Cleveland Ave NW • Uniontown
• \$10 donation at the door
All proceeds donated to Oak Clinic
Register w/Trish at 330.896.8625

THE GETAWAY PUB IN THE VALLEY is an Oak Clinic Crusader

Hosting a silent auction September 19th
All proceeds donated to Oak Clinic
1462 North Portage Path • Akron



29 Days of Giving Oak Clinic Crusaders

“Oak Clinic Young Crusaders are teens and young adults who are ready to help our patients meet home challenges that their MS may make them unable to perform, such as yard work, and other routine home maintenance projects.”

Patients who need help this coming fall are urged to let Oak Clinic Young Crusaders come to the rescue!

Tricia Jones, LSW
Office Manager, Oak Clinic

Oak Clinic is pleased to present the first members of **Oak Clinic Young Crusaders***, who are also important participants in the *29 Days of Giving* project developed to celebrate the Clinic’s ten years’ of service to Northeast Ohio.

These young women and men are ready to help Clinic patients with yard work and other home maintenance challenges, or just bring a little bit of sunshine into the lives of our patients who live alone or spend a great deal of time indoors.

CYO and Community Services
Teens for Service
Akron, Ohio

Archbishop Hoban High School

Anne Marie Stephenson
Special Education Scholarship
St. Vincent – St. Mary High School

Alpha Phi Omega
Alpha Epsilon Theta Chapter

Iota Phi Theta Fraternity, Inc.
Beta Pi Chapter

**known at time of printing*

ACORN ALERT

Managing Depression
Study/Support Group

Join us for the remaining 2010 classes

Friday, September 17
Friday, October 8
Friday, October 22
Friday, November 5
Friday, November 19
Friday, December 3
Friday, December 17

The group’s facilitator is Stacy Simera, MSSA, LISW, and the group meets from 2 - 3:30 p.m. in the SUMMA/Green Classroom.

You can join the group at any time and quickly feel caught up and comfortable. There is no cost to participate.

Oak Clinic
Young Crusaders

Give Service
Get Service

Need their help?
Call Tricia Jones
330.896.9625

RETRACTION... These gifts were listed incorrectly in the last issue of *The Oak Leaf*.

Correct acknowledgments are:

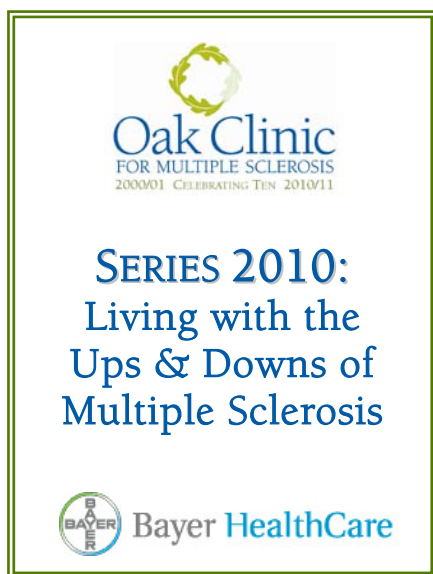
Dennis and Tracy Haver
Memorial Tribute for Janet M. Irish

James and Linda Hultz
Memorial Tribute for George Roberts



Oak Clinic for Multiple Sclerosis and Bayer Healthcare Pharmaceuticals are pleased to again present two workshops that are designed to make living with MS more manageable for patients and families facing this unpredictable disease. Workshops will be held at SUMMA's Health Center Green Facility Classroom, 3838 Massillon Road, in Uniontown.

There are no class or registration fees; on-site registration begins thirty-minutes prior to each workshop. Or, you can register by calling 330.896.9625, or by sending an e-mail to tricia.jones@oakclinic.com.



NEW THIS FALL MOOD AND MEMORY PROBLEMS

The not-so-sweet M&Ms of MS

October 23, 2010 • 10am to Noon

On-site registration begins at 9:30am

Presented by Stacy Simera

This workshop reviews ways to cope with mood swings and memory problems among persons with multiple sclerosis. We will explore known tools that effectively manage depression and anxiety, including cognitive and behavioral interventions. We will also explore daily organizational skills to help cope with short-term memory loss.

Friends and families are highly encouraged to also attend this workshop, since the coping tools work best if they are utilized and/or supported by everyone in the household.

This workshop will be coordinated by Stacy Simera, MSSA, LISW-S. Stacy is a therapist in Kent, and she facilitates the 'Managing Depression' psychoeducational group held twice a month at the Oak Clinic.

And, we can provide some M&Ms!

VERY POPULAR

Maintaining Connection & Sexual Pleasure in the Face of Chronic Illness and Disability

Saturday, November 20, 2010 • 10am to Noon

On-site registration begins at 9:30am

Presented by Karen Cimini, PhD

This session will clarify and expand the concepts of affectional connection and definitions of sexuality, encourage the development of maintenance of a sexual relationship and explore physical and psychological roadblocks to a sexual relationship in a couple dealing with chronic illness and disability and suggest appropriate intervention.

Karen Cimini, PhD, is a therapist at the Akron Family Institute, specializing in relationship and family, sexual function and dysfunction, gay/lesbian issues, dependency and addiction, eating disorders, chronic illness and grief, coping with HIV, work and life issues. After graduating *magna cum laude* in Elementary Education from the University of Cincinnati, Cimini earned her MA and PhD in counseling and in counseling psychology respectively, from The University of Akron and is adjunct professor at Cleveland State University and John Carroll University. She is a member of American Psychological Association.



ACORN ALERT



FDA advisory committee unanimously recommends approval of Novartis investigational treatment FTY720 to treat relapsing remitting MS

- Committee voted in favor of approval of FTY720 (fingolimod), as treatment in relapsing remitting multiple sclerosis, affirming the drug's positive benefit/risk profile
- FTY720, potentially first in a new class of MS therapy, represents a significant advance as an efficacious oral treatment for people with relapsing remitting MS
- Committee recommended post marketing collection of additional safety data and evaluation of a lower dose

Basel, June 10, 2010 - Today, an advisory committee of the US Food and Drug Administration (FDA) recommended approval of FTY720 (fingolimod) for the treatment of patients with relapsing multiple sclerosis, the most common form of the disease. The FDA has the option of seeking the advice of one of its advisory committees as it reviews and decides whether to approve a new treatment. The committee voted unanimously that FTY720 demonstrated substantial efficacy in treating relapsing remitting MS and that safety of the proposed 0.5 mg dose justified approval.

"This is an encouraging and important milestone for the MS community," said Dr. Patricia O'Looney, Vice President, Biomedical Research at the National Multiple Sclerosis Society. "We believe that a treatment that reduces relapses and slows disability progression in a convenient oral formulation could encourage more people with MS to initiate treatment in the course of this life-long disease."

...If approved, FTY720 would potentially be the first oral therapy for treating relapsing MS. FTY720 would be the first in a new class of therapies developed for relapsing MS called sphingosine1-phosphate receptor (S1PR) modulators, which work by retaining certain immune cells (lymphocytes) in the lymph nodes, preventing them from reaching the central nervous system and causing damage. This lymphocyte retention is reversible, allowing circulating lymphocytes to regain normal levels if treatment is stopped.

The FDA granted FTY720 priority review status in February 2010, reducing the standard 10-month review to six months. In May, the FDA extended the priority review period by three months to September 2010.

<http://www.novartis.com/newsroom/media-releases/en/2010/1423236.shtml>



EMD Serono, Inc.: FDA Grants Priority Review to Cladribine Tablets for the Treatment of Relapsing Forms of MS

Rockland, Massachusetts, July 28, 2010 –

EMD Serono, Inc., an affiliate of Merck KGaA, Darmstadt, Germany, announced today that the U.S. Food and Drug Administration (FDA) has accepted for filing the New Drug Application (NDA) for Cladribine Tablets as a therapy for relapsing forms of multiple sclerosis (MS). The application also has been granted a Priority Review designation by the FDA, which means the review period for the NDA is reduced. The goal for completing a Priority Review is six months instead of the standard 10 months. Priority Review is applied to drugs that have the potential to provide significant advances in treatment. A decision by the FDA is expected in Q4 2010.

"This is a critical milestone on the path to potential approval for short course therapy with Cladribine Tablets, moving us one step closer to meeting an unmet need as an oral, disease modifying drug available for relapsing MS," said Fereydoun Firouz, President and CEO of EMDSerono, Inc. "Our commitment to people living with MS is to transform the way they approach their therapy options, and Priority Review for short-course therapy with Cladribine Tablets means we are moving closer to delivering on this promise. We look forward to working with the FDA throughout the regulatory process."

The NDA is supported by results from the CLARITY 1 study, a two-year, randomized, doubleblind, placebo-controlled Phase III trial of Cladribine Tablets in people with relapsing-remitting MS.

The CLARITY study results were published in *The New England Journal of Medicine* 2 in February 2010.

http://www.emdserono.com/en/media/news_releases.html

EMD Serono





Philanthropy another priority at Oak Clinic

The Board of Directors of Oak Clinic for Multiple Sclerosis has recently taken strategic action to ensure the Clinic's mission remains the primary treatment focus throughout its next decade of service.

The Clinic's singular mission is unwavering: to treat and empower MS patients and families regardless of ability to pay.

But increases in number of patients treated and significant medical care costs for all patients continue to cause concern for the future among those closest to fulfilling that mission.

Oak Clinic for Multiple Sclerosis Board of Directors

James D. Oelschlager
Vanita B. Oelschlager
Co-founders

Robert W. Briggs
Mark Horattas, MD
Sandra Noll
Sheila Tarr

The Jim & Vanita Oelschlager Annual Fund was created in late 2009, to receive tax-deductible contributions raised to help erase some of the annual, escalating medical costs.

The Oak Clinic Endowment Fund was informally introduced earlier this year, to help

commemorate the Clinic's tenth year of operations in Northeast Ohio, as well as ensure the Clinic's mission continues throughout its next decade of medical service to MS patients and families.

--story continues on page ten

Oak Clinic is pleased to present the inaugural donors to the **Growing the Vision** campaign for The Oak Clinic Endowment Fund, as well as premiere the new Oak Clinic Society of Giving which recognizes donors who support the Clinic's new efforts to increase philanthropic support for charitable healthcare activities at Oak Clinic.

All 2010 donors will be recognized in the February 2011 release of the Clinic's first annual report and honor roll of donors.

Oak Clinic FOR MULTIPLE SCLEROSIS SOCIETY OF GIVING

Members of this giving society choose to support charitable healthcare activities at Oak Clinic for Multiple Sclerosis, by donating to one or both of the following:

*The Jim & Vanita Oelschlager Annual Fund
The Oak Clinic Endowment Fund*

The Oak Society

Recognition of cumulative giving

The Oak Society recognizes those whose philanthropy places them at the vanguard of Clinic supporters. When a donor's cumulative giving reaches \$100,000, that donor will be invited to join The Oak Society, whose members receive permanent, public recognition of their generosity on an engraved donor wall at the Oak Clinic.

Oak Society members receive invitations to special events and personal communications from the clinic and medical directors of Oak Clinic for Multiple Sclerosis.

The 2000 Society

Recognition in perpetuity

The 2000 Society recognizes individuals who have provided for Oak Clinic for Multiple Sclerosis in their estate plans or who have established life income gifts.

Members of The 2000 Society receive invitations to special events and personal communications from the clinic and medical directors of Oak Clinic for Multiple Sclerosis.

Benefactors

For amounts \$5000 and above
Oak Clinic Benefactors are stately, durable, resilient -- like the *quercus alba*, or white oak tree

Legacy Circle

For amounts \$2500 to \$4999
Oak Clinic's Legacy Circle donor is strong, valued, important -- like the *quercus rubra*, or red oak tree,

Heritage Circle

For amounts \$1000 to \$2499
Oak Clinic's Heritage Circle donor is bold, favored, vigorous -- like the *quercus prinus* -- or chestnut oak tree

Partners in Progress

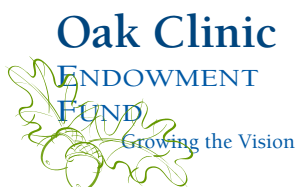
For giving to \$999
Oak Clinic's Partners in Progress donor is persistent, ornamental, adaptable -- like the *quercus palustris*, or pin oak tree

100% of giving to The Jim & Vanita Oelschlager Annual Fund or The Oak Clinic Endowment Fund is tax deductible. Please consult your tax advisor or attorney for details.



We are pleased to present the inaugural members of Oak Clinic for Multiple Sclerosis Society of Giving. These donors made gifts to the Oak Clinic Endowment Fund after January 1, 2010 and before August 1, 2010...

Oak Clinic has made every effort to list names correctly. To make a correction, please contact psgriffithwrites@aol.com.



Legacy Circle

Mark and Karen Horattas
Benjamin G. Ammons
Tim and Diane Carrabine
Robert W. Briggs
Josh Shade and James Longton

Heritage Circle

Robert and Susan Stephans
Toby and Susan Page
Mike and Diana Cornwell
Mike and Linda Roether
Thomas Jackson

Martin and Eve Shill
Mike and Phyllis Griffith
General and Mrs. Colin Powell
James D. Schieda, DDS
Howard and Corinne Potter

Partners in Progress

Bruce and Linda Buchholzer
Thomas Tector
David Tarr
Leslie Manna
Diane Crow
Annie Oelschlager
and Jonathan Hennessey
Todd and Heather Durfee
Timothy DuFore
Philip Lloyd
Patrick and JoAnn McDermott
Robert Stimpson
Dave and Ann Brennan
The Alexander C. and Tillie S. Speyer Foundation

Ira Deutsch
Karin Jagel Flynn
Tim and Donna Rizer Longfellow
Thomas and Susan Weidlich
Dr. Keith and Carol Kaufman
Marge Hein
Doug and Tricia Jones
Bob Mitchell
Luis and Theresa Proenza
Andrew and Amy Farkosh
Joseph D. Varley, MD
Dr. Tom and Sue Christiansen
Jim and J.C. Copley

The Oak Society

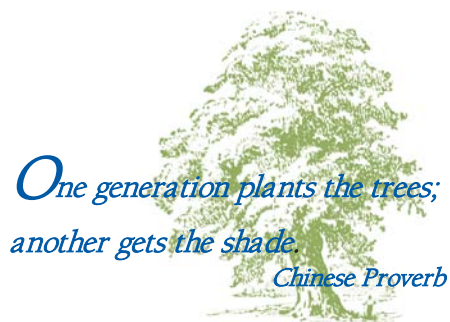
Jim and Vanita Oelschlager
Lois Oelschlager

The 2000 Society

Anonymous
Anonymous

Benefactors

Jim and Vanita Oelschlager
Thomas and Kelly Mallory
Lois Oelschalger
The John S. and James L. Knight Foundation
Mark and Tina Oelschlager



*One generation plants the trees;
another gets the shade.*

Chinese Proverb

Inaugural Endowment Fund donations top \$400,000



Philanthropy another priority at Oak Clinic –story begins on page eight

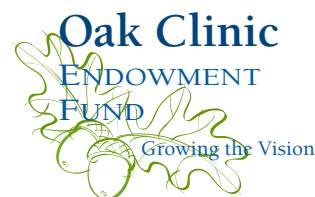
Endowment funds earn interest annually, providing income that is restricted for and may be used only for charitable healthcare activities. At Oak Clinic, charitable healthcare activities include drug therapies, physical/occupational therapies, MRI testing and mental wellness counseling, among other activities.

The spendable interest earned in The Oak Clinic Endowment Fund helps ensure that Clinic staff can continue to treat and empower MS patients and families regardless of ability to pay.

The larger an endowed fund gets, the more interest it earns, so the Clinic’s board established a goal to raise \$5 million for The Oak Clinic Endowment Fund by the end of 2011.

Oak Clinic is pleased to present the names of the donors who were first to give to The Oak Clinic Endowment Fund. Their names are listed on the preceding page, and an introduction to the Oak Clinic Society of Giving is listed on page eight.

Any new and all 2010 donors will be recognized in the February 2011 release of the Clinic’s first annual report and honor roll of donors.



Tax-deductible donations make it possible for Oak Clinic for Multiple Sclerosis to treat **all** who ask for help...regardless of ability to pay.

GIVE NOW... GIVE OFTEN
for charitable health care
www.oakclinic.com

A Unique Gift...An Unparalleled Resource



Enclosed is my/our gift of \$ _____ to support
CELEBRATING TEN: *A Singular Vision*

Please choose which fund.

The Jim & Vanita Oelschlager Annual Fund

The Oak Clinic Endowment Fund



Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone Number _____

Memorial gift for

Tribute gift for



Great Holiday Giving Ideas...

*Supporting Oak Clinic and other charities where
"people help people help themselves"*

Oak Clinic for Multiple Sclerosis is pleased to acknowledge Vanita Oelschlager in this ACORN ALERT. We also believe her children's books are among the best written and illustrated today. Her short tales teach a moral or value. Each book presents a dilemma or fear that a child may have, and resolves those issues through the loving and reassuring guidance of a parent, or through the plot of the story itself.

Vanita is a wife, mother, grandmother, former teacher, current caregiver and, for almost ten years, author and poet. She was born and raised near Pittsburgh, and is a graduate of Mt. Union College in Alliance, Ohio, where she currently serves as a Trustee.

Jim and Vanita Oelschlager are co-founders of Oak Clinic for Multiple Sclerosis and remain extraordinarily generous benefactors whose vision is to treat and empower MS patients and families, regardless of ability to pay.

Any of the books featured below may be purchased online, at www.vanitabooks.net, or by visiting www.oakclinic.com and follow the link posted.

Reading to a child is a very good thing!

ACORN ALERT

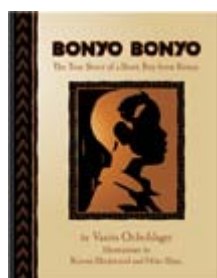


Vanita B. Oelschlager

 VanitaBooks, LLC

Vanita Oelschlager will soon celebrate her tenth year as author, poet and publisher of books for children ages four to eight.

VanitaBooks donates all net profits to Oak Clinic for Multiple Sclerosis and other charities where "people help people help themselves."



Bonyo Bonyo

Bonyo's vision and determination lead him on a real-life adventure bearing the fruits of core values -- growth despite loss and pain.

Ages 6-10
42 pages
Paperback: \$8.95 (978-0-9819714-4-5)
Hardcover: \$15.95 (978-0-9819714-3-8)

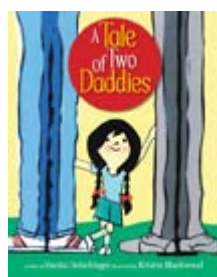
A FEW OTHER TITLES:

What Pet Will I Get?

Made in China

Let Me Bee

and many more available at
www.vanitabooks.org



A Tale of Two Daddies

Introduces a type of family increasingly visible in our society and reflects a child's practical and innocent look at the adults who love her.

Ages 4-8
42 pages
Paperback: \$8.95 (978-0-9819714-6-9)
Hardcover: \$15.95 (978-0-9819714-5-2)



My Grampy Can't Walk

How do children see and react to a disabled grandparent? The answer is a surprise in this acclaimed book!

Ages 4-8
32 Pages
Paperback: \$9.95 (978-0-9800162-0-8)
Hardcover: \$17.95 (1-59624-015-6)

Another great 29 Days of Giving Idea!



2000/01 CELEBRATING TEN 2010/11
 3838 Massillon Road
 Uniontown, Ohio 44685

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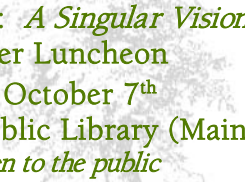
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CELEBRATING TEN: *A Singular Vision*
 Cami Walker Luncheon
 Thursday, October 7th
 Akron-Summit Public Library (Main)
Free and open to the public

Register online today at www.oakclinic.com



Schedule for Exercise Classes

LAND EXERCISE

Monday & Wednesday mornings, from 10:30am -- 11:30am

This class is designed to use movements of the body, while minimizing stress on the joints to help increase one's flexibility, range of motion and improve circulation in the muscles. It helps to relieve tensions brought on by daily stress, and provides opportunities to socialize with others attending the class.

YOGA

Tuesday afternoon, from 12:30pm -- 2:00pm

YOGA

Wednesday evening from 6:00pm -- 7:30pm

These classes teach Yoga postures that release muscular tension through stretching, which relaxes the body and mind. Nerves are massaged and stretched during yoga, releasing tension and increasing the ability of the nerves to communicate to the muscles and other parts of the body.

All classes above are held at SUMMA's Health Center Green Facility Classroom

- also located at 3838 Massillon Road, in Uniontown

WATER AEROBICS

Friday morning, from 10:00am -- 11:00am

This class in the water offers the stability of the water to aid in walking, as well as exercise for the body, mind and spirit.

Classes are held at the Green Family YMCA • 3800 Massillon Road, in Uniontown

If you would like to attend any of these classes, simply attend one at the appropriate time and place!

Oak Clinic patients are welcome to attend these classes for free and may have friends or family accompany them.